NICE GUIDANCE PH48 TOOLKIT DOCUMENT 4: PARTENERSHIP WORKING TEMPLATE CONTRACT

INTRODUCTION

Smoking rates have fallen significantly though it still accounts for more years of life lost than any other modifiable risk factor; around 6.1 million people in England still smoke¹. Smokers see their GP over a third more often than non-smokers, and smoking is linked to nearly half a million hospital admissions each year.²

The government has pledged within the NHS Long-term plan of 2019, to commit more NHS action to prevention and health inequalities, stating that "by 2023/24, all people admitted to hospital who smoke will be offered NHS-funded tobacco treatment services."³

Clear rationale for increased action is given by the RCP 2018 report, Hiding in Plain Sight. It stated "treating tobacco dependency in the NHS demonstrates that clinicians working in almost all areas of medicine will see their patient's problems improved by quitting smoking, and that systematic intervention is a cost-effective means of both improving health and reducing demand on NHS services. Smoking cessation is not just about prevention. For many diseases, smoking cessation represents effective treatment."⁴

The RCP report Hiding in Plain Sight argues that failure to identify and treat smokers is no less negligent than failure to identify and treat patients with cancer.

Smokefree NHS estates protect the health of patients and staff, signal that smoking is a crucial health issue, and supports smokers who are trying to quit.

Sustainability and Transformation Partnerships and Integrated Care Systems require a population view of health in which all partners work to define a shared vision and a strategy for achieving it.⁵

Access the local government declaration on tobacco control here.

EXPECTATIONS / THE COMMITMENT

- The Clinical / Medical (delete as appropriate) Director provides leadership for the Trust Smokefree policy.
- Heath service commissioners and practitioners work in partnership with the Trust to ensure that cost-effective smoking interventions are provided and properly implemented.
- Both the NHS Trust Standard Contract and Local Authority contract include Smokefree strategies.
- A clear Smokefree policy is in place which covers the recommendations in PH48 ensuring that smoking is not permitted anywhere in NHS buildings and grounds.
- The Smokefree policy is everyone's business.



- There is an internal and external Communications Plan in place to make sure everyone is aware that smoking is not permitted.
- All staff are empowered to remind and encourage compliance with the Smokefree policy.
- Training programmes are in place to support staff to provide very brief advice and offer effective treatment and support for tobacco dependence.
- Every front-line professional will discuss smoking with their patients.
- Evidence-based interventions including stop smoking support are offered on-site (where this is not available a referral to local stop smoking service should be offered).
- Evidence-based treatment and support options are core business for the Trust.
- Support with temporary abstinence is offered to all people who smoke.
- A clear and rational vaping policy is in place.
- All staff understand their roles and responsibilities regarding the Smokefree policy.
- Systematic approaches to aid compliance are embedded.
- Routine assessment is undertaken using CLeaR deep dive assessment tool of the effectiveness of the policy, with an annual improvement programme.
- In addition, a locally agreed evaluation and assessment metric is in place to measure impact
- The NHS Smokefree Pledge has been signed to demonstrate commitment.

SIGNATORIES

Signed on behalf of [Trust Name]

Name:

Designation:

Date:

Signature:

Signed on behalf of [LA Name]
Name:
Designation:
Date:
Signature:

Signed on behalf of [CCG Name] Name: Designation:

Date:

Signature:





REFERENCES

- 1. <u>https://www.ons.gov.uk/releases/adultsmokinghabitsintheuk2018</u>
- 2. <u>https://www.gov.uk/government/publications/towards-a-smoke-free-generation-tobacco-control-plan-for-england</u>
- 3. <u>www.longtermplan.nhs.uk</u>
- 4. <u>https://www.rcplondon.ac.uk/projects/outputs/hiding-plain-sight-treating-tobacco-dependency-nhs</u>
- 5. <u>https://ash.org.uk/wp-content/uploads/2019/06/The-End-of-Smoking_final.pdf</u>

