

NICE GUIDANCE PH48 TOOLKIT

DOCUMENT 12: SMOKEFREE NHS TRAINING PLAN

Smoking remains the leading cause of ill health and mortality in England. The NHS must prioritise efforts to reduce smoking rates. This document is intended to assist Trusts to develop an effective local training plan, to support their Smokefree work. Within the table below are training elements which are strongly recommended to be delivered as mandatory. By focussing action in this way, achieving the culture change needed to make a Smokefree NHS a reality can be realised.

The National Centre for Smoking Cessation Training (NCSCT) has a range of evidence-based, accredited training packages to support delivery of effective interventions around smoking. They were

developed primarily for use by health professionals in Primary Care Settings, though their content, particularly Very Brief Advice (VBA,) is an extremely valuable resource for all who come into contact with people who smoke.

Health Education England (HEE) have developed further training resources using the same evidence-base to provide Level 1 and 2 packages for Secondary Care Settings. These have been designed to help Trusts achieve national CQUIN targets for Preventing Ill Health Through Risky Behaviours addressing VBA for both alcohol and smoking.

Table: Smokefree NHS Trust – Recommended training grid

MANDATORY	STAFF GROUP	% OF STAFF GROUP	TRAINING	DURATION	LINK
INDUCTION TRAINING					
Yes	New starters	100%	Trust Induction – Smokefree Training	15 – 30 minutes	Access toolkit document 12b - trust induction smokefree training document here
TRAINING - Identifying people who smoke and promoting quit attempts					
Yes	Primary Care all staff	100%	NCSCT: VBA in Smoking Cessation	30 minutes	https://elearning.ncsct.co.uk/vba-launch



FNo	Primary & secondary care all patient facing staff	100%	Health Education England: Alcohol and Tobacco Brief Advice	30 minutes	https://portal.e-lfh.org.uk/login Follow link to alcohol and tobacco brief advice.
Yes	Secondary Care acute and mental health all staff	100%	NCSCT: VBA Second-hand smoke	1 hour 10 mins	https://portal.elfh.org.uk/Register
Yes Either of these VBA options can be chosen	Maternity all patient facing staff	100%	Supporting a Smokefree Pregnancy	1 hour	https://www.e-lfh.org.uk/programmes/ smoking-in-pregnancy/
			Very Brief Advice on Smoking for Pregnant Women	1 hour	https://www.ilearn.rcm.org.uk/course/ search.php?search=smoking
			Very Brief Advice on Smoking for Pregnant Women – Most appropriate for LA staff	1 hour	https://elearning.ncsct.co.uk/vba_ pregnancy-launch
TRAINING - Assisting with quit attempts					
No	Smokefree Champions (Minimum of 3 per clinical area)	100%	NCSCT: Stop smoking practitioner training & assessment programme	4-6 hours	https://www.ncsct.co.uk/publication_ training-and-assessment-programme. php
Yes	Mental Health Smoke- free Champions	100%	NCSCT: Mental health and smoking cessation (post-certification specialty module)	2 hours	https://www.ncsct.co.uk/publication_ MH_specialty_module.php
No Yes Yes	Nursing Medical Pharmacy	50% 100% 100%	NCSCT: Stop Smoking Medications	2 hours	https://elearning.ncsct.co.uk/stop_ smoking_medications-launch
Yes	Maternity Smokefree Champions	100%	NCSCT: Pregnancy and smoking cessation (post-certification specialty module)	2 hours	https://www.ncsct.co.uk/publication_ pregnancy_and_the_post_partum_ period.php

Yes	Stop Smoking Advisors	100%	NCSCT: Face to Face	One-day and two-day courses	https://www.ncsct.co.uk/publication_face-to-face-training.php
No	All patient facing staff	50%	NCSCT: E-cigarettes: a guide for healthcare professionals	2 hours	https://elearning.ncsct.co.uk/e-cigarettes-stage_1

- Additional training has been developed through the CURE Programme, which has a number of very useful resources to support Smokefree work which some Trusts may find a useful adjunct. These can be accessed via - <https://thecureproject.co.uk/training/>

- The Smokefree NHS/Treating Tobacco Dependency Taskforce have developed a training guide for NHS organisations

[Access Smokefree NHS Training guide here.](#)

