

## NICE GUIDANCE PH48 TOOLKIT

### DOCUMENT 10: SMOKEFREE CARE PATHWAY

**AT FIRST CONTACT PROVIDE ALL PATIENTS WITH WRITTEN & VERBAL INFORMATION OF THE TRUST'S SMOKEFREE POLICY**

#### ASK - and record

- Do you smoke?
- Are you a recent ex-smoker?
- Check if ex-smokers feeling confident of remaining Smokefree

#### ADVISE - and record

- The best thing you can do for your health is stop altogether
- Reinforce that Smoking is not permitted anywhere on-site
- Support is available to help anyone wanting to quit
- Support is also available with temporary abstinence if not ready to quit

#### ACT - and record

- Refer to the appropriately trained member of staff to provide immediate access to NRT through PGD, SOP or other
- Ensure clerking medic is aware of smoking status and highlight the need for prescribing of on-going NRT and / or Varenicline
- Arrange access to behavioural support via [\[Insert internal referral details\]](#)
- On discharge:
  - arrange on-going supply of pharmacotherapy to take out (TTO)
  - refer to community stop smoking support via [\[Insert external referral details\]](#)

