

NICE GUIDANCE PH48 TOOLKIT

DOCUMENT 1: INTRODUCTION AND ACKNOWLEDGEMENTS

This toolkit has been funded by West Yorkshire and Harrogate Health and Care Partnership.

Its purpose is to provide up to date evidence, practical guides and examples for all aspects of implementing NICE Guidance PH48 into Acute Secondary Care Settings. There are many elements of the toolkit which will be of value to mental health Trusts, and some which may need some adaptation or addition.

NICE has produced numerous guides relating to smoking which are linked and relevant to successful implementation of NICE PH48. To assist in their delivery, NICE also provides a [suite of interactive pathways & resources](#).

Implementing effective and sustainable Smokefree policies presents many challenges. Cultural change is needed to bring practices in-line with addressing the overwhelming harms and costs associated with smoking in both human and financial terms.

Differences in policy between Trusts leads to confusion and undermines success. By adopting a more uniform approach we can increase expectations amongst everyone who accesses, visits or works within our healthcare settings, that smoking will not be permitted. The more this is communicated and understood, the more compliance will be achieved.

The Smokefree NHS Survey of acute Trusts in England on 2018/19 demonstrated that two thirds of Trusts were already implementing completely Smokefree policies by not allowing smoking anywhere on-site, but this is only part of the necessary action. Alongside the prohibitive measures, it is vital that effective, evidence-based treatment is available to support anyone who smokes to remain abstinent whilst on NHS Trust property, or to quit smoking if motivated to do so. The NHS Long Term Plan states that by 2023/24, all people admitted to hospital who smoke will be offered NHS-funded tobacco treatment services.

These two elements are of equal importance as addressing one without the other will lead to confused messages, lower uptake of support and greater need for enforcement. Focussing solely on prohibition on-site won't deliver health or financial benefits to the NHS, but will merely displace smoking.

An example Smokefree policy forms the platform for this Toolkit, through which the user is guided to existing and proven resources, approaches, references and contacts to help in all aspects of the Smokefree NHS journey.

Each section reinforces the Smokefree message with clear rationale and "how-to-steps" to help achieve the ambition set out in the Tobacco Control plan for England for a truly Smokefree NHS to become a reality.



ACKNOWLEDGEMENTS

The PH48 Toolkit has been developed by Heather Thomson, Smokefree Consultant Advisor.

This could not have been achieved without input from many experts and organisations in the field; and colleagues of NHS Trusts who are implementing PH48 in their daily roles.

Special thanks go to:

West Yorkshire and Harrogate Health and Care Partnership, who have funded this resource

Fresh Making Smoking History, for allowing the use of their Communications Guide

Dr Andy McEwen, Chief Executive, National Centre for Smoking Cessation and Training (NCSCT)

Jo Locker, Senior Tobacco Control Programme Manager, Health Improvement: Alcohol, Drugs, Tobacco and Justice Division, Public Health England

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Louise Ross, Clinical Consultant, NCSCT

Ailsa Rutter, Director of Fresh-Smoke Free North East, Fresh and Balance Programme

Mandy Hancock, Project Manager, Making Smoking History, Greater Manchester Health & Social, Care Partnership

Northumberland Tyne and Wear NHS Foundation Trust, for agreeing the use of the Ward E-cigarette checklist

North East Smokefree NHS/Treating Tobacco Dependency Taskforce, for allowing the use the Vaping Standard

The CURE Project, Greater Manchester Health & Social Care Partnership, Greater Manchester Cancer & Manchester University NHS Foundation Trust

Aintree University Hospital NHS Foundation Trust

Croydon Health Services NHS Trust

Nottingham University Hospitals NHS Trust

Sherwood Forest Hospitals NHS Foundation Trust

The Christie NHS Foundation Trust

The Clatterbridge Cancer Centre NHS Foundation Trust

Action on Smoking and Health (ASH)

